

Virtual Eucharistic Adoration

*Create a prayerful setting for this special time with the Lord and access an on-line chapel.
May this time of prayer and adoration before the Blessed Sacrament be an opportunity
to grow in awareness of the incomparable treasure which Christ entrusted to his Church.*

OCTOBER CONTEMPLATION *LIFE*

*“The most holy Virgin is the aqueduct of divine mercy,
our advocate and, after Jesus, our hope and our protection.” – St. Gaspar #65*

Opening Prayer

Dear Jesus, we believe that You truly present in the Blessed Sacrament. We adore You with profound reverence. We beg pardon for our sins and the grace to make this time of prayer fruitful. May our Immaculate Mother, St. Joseph our Patron, our guardian angels, and our patron saints intercede for us during this time of prayer and adoration. We ask this through Christ, our Lord. Amen.

Silent Reflection

Year of St. Joseph

With the Apostolic Letter “Patris corde” (“With a Father’s Heart”),
Pope Francis has proclaimed a “Year of Saint Joseph”
to honor the man who played “an incomparable role in the history of salvation.”

The Year of St. Joseph Prayer

To you, O blessed Joseph, do we come in our afflictions...and confidently invoke your patronage. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ...As once you rescued the Child Jesus from deadly peril, so now protect God’s Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

Scripture Reading: *(Romans 14: 8-12, 17)*

A reading from the letter of Paul to the Romans

If we live, it’s to honor the Lord. And if we die, it’s to honor the Lord. So whether we live or die, we belong to the Lord. Christ died and rose again for this very purpose—to be Lord both of the living and of the dead. So why do you condemn another believer? Why do you look down on another believer? Remember, we will all stand before the judgment seat of God. For the Scriptures say, “‘As surely as I live,’ says the LORD, ‘every knee will bend to me, and every tongue will confess and give praise to God.’”

Yes, each of us will give a personal account to God. So let’s stop condemning each other. Decide instead to live in such a way that you will not cause another believer to stumble and fall. For the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit.

The Word of the Lord.

All: Thanks be to God.

Responsorial Psalm: (*Psalm 16:5, 8, 9-10, 11*)

Response: You are my inheritance, O Lord.

Lord, you alone are my inheritance, my cup of blessing. You guard all that is mine.
The land you have given me is a pleasant land. What a wonderful inheritance! *R/*

I will bless the Lord who guides me; even at night my heart instructs me.
I know the Lord is always with me. I will not be shaken, for he is right beside me.
No wonder my heart is glad, and I rejoice. My body rests in safety. *R/*

For you will not leave my soul among the dead or allow your holy one to rot in the grave.
You will show me the way of life, granting me the joy of your presence
and the pleasures of living with you forever. *R/*

Glory Be...

Reflection: THE LIFE OF MAN – TO KNOW AND LOVE GOD

God, infinitely perfect and blessed in himself, in a plan of sheer goodness freely created man to make him share in his own blessed life. For this reason, at every time and in every place, God draws close to man. He calls man to seek him, to know him, to love him with all his strength. He calls together all men, scattered and divided by sin, into the unity of his family, the Church. To accomplish this, when the fullness of time had come, God sent his Son as Redeemer and Savior. In his Son and through him, he invites men to become, in the Holy Spirit, his adopted children and thus heirs of his blessed life.

(Catechism, 1)

Prayer in Honor of St. Gaspar del Bufalo (*Feast is October 21st*)

Loving God, you made St. Gaspar del Bufalo a priest and outstanding apostle of the Precious Blood of your Son. Through his intercession grant that we may experience the abundant fruits of the price of our redemption. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever. Amen.

Silent Reflection

*During this Year of St. Joseph may we learn of his holy life, implore his intercession,
and imitate his virtues and his zeal. (Pope Francis, Patris Corde).*

Meditation: Joseph Lived a Real Life

God always finds a way to save us, provided we show the same creative courage as the carpenter of Nazareth, who was able to turn a problem into a possibility by trusting always in divine providence.¹

Jesus' appearance in our midst is a gift from the Father, which makes it possible for each of us to be reconciled to the flesh of our own history, even when we fail to understand it completely...Our lives can be miraculously reborn if we find the courage to live them in accordance with the Gospel...

Nor should we ever think that believing means finding facile and comforting solutions. The faith Christ taught us is what we see in Saint Joseph. He did not look for shortcuts, but confronted reality with open eyes and accepted personal responsibility for it.²

If the first stage of all true interior healing is to accept our personal history and embrace even the things in life that we did not choose, we must now add another important element: creative courage...

If at times God seems not to help us, surely this does not mean that we have been abandoned, but instead are being trusted to plan, to be creative, and to find solutions ourselves.³

¹ *Patris corde, #5*

² *Patris corde, #4*

³ *Patris corde, #5*

Intentions

Let us pray together the Daily Offering with the intentions of the Holy Father and our personal intentions:

R/. Lord, hear our prayer.

All: Eternal Father, we offer you in union with Mary, Mother of the Redeemer of humankind, the Blood Jesus shed with love in his passion and every day is offered on the altar. In union with the Victim offered for the salvation of the world, we offer today's actions in expiation for our sins, for the conversion of sinners, for the souls in purgatory, for the needs of the holy Church, and especially:

For the Holy Father's Intention that that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavor of the Gospel, we pray to the Lord. *R/.*

Lord, like St. Gaspar we pray that the love of God excites us to think, to speak and to act and suffer for your great divine glory, we pray to the Lord. *R/.*

Lord, You have promised to be with your Church always, may the Holy Spirit inspire many more vocations to the priesthood and religious life, we pray to the Lord. *R/.*

For those who've asked the help of our prayers, for those who have no one to pray for them, and for the intentions we hold in the silence of our hearts, we pray to the Lord. *R/.*

Help us, St. Joseph, to face the reality of our lives with open eyes.

The Blood of Christ is Life for all Our Needs

Eternal Father, we offer you the Precious Blood of Jesus Christ, poured out on the cross and offered daily on the altar:

- ✦ For the glory of your name, for the coming of your kingdom and for the salvation of all.
- ✦ For the propagation of faith, for Pope Francis, for bishops, priests, and religious and for the sanctification of all the people of God.
- ✦ For the conversion of sinners, for the loving acceptance of your Word, and for the union of all Christians.
- ✦ For civil authorities, for the strengthening of public morals, and for peace and justice among all nations.
- ✦ For the sanctification of our work and suffering, for the poor, sick and afflicted, and for all who rely on our prayers.
- ✦ For our own spiritual and temporal needs, for those of our relatives, benefactors, and also for those of our enemies.
- ✦ For those who are to die this day, for the souls in purgatory, and for our final union with Christ in Glory.

Our Father...

Silent Reflection

Closing Prayer: Precious Blood Prayer

All: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen

Our Lady of the Most Precious Blood, pray for us.
St. Joseph, pray for us, St. Gaspar, pray for us, St. Maria De Mattias, pray for us,
St. Francis Xavier, pray for us.